Multi-Pitch Climbing Options

Multi-Pitch Basic Course

Multi-Pitch Supplement

Multi-Pitch Guiding

Supervised Multi-Pitch Training Tours

There is something altogether different about multi-pitch climbing. You visually see the exposure trail away under your climbing shoes meter by meter. The adventure and satisfaction of scaling a prominent mountain feature or face of rock is uniquely fulfilling.

For many climbers, multi-pitch routes are what brings all the soul-fulfilling elements of climbing together: the slow build up of excitement upon approaching the objective, the adventure and rhythm of sharing multiple rope lengths with a trusted partner followed by the contemplative contentment of an unhurried descent from the top ...

How do you safely enter this seemingly complex arena?

The *Multi-Pitch Basic Course* takes you from single-pitch sport climbing to learning all the basic elements needed to climb multi-pitch sport routes with 110% confidence and security.

Add the *Multi-Pitch Supplement* after the Multi-Pitch Basic Course (it can also be undertaken independently) to learn and extensively practice partner assistance, rescue, double rope technique and emergency retreat.

Multi-Pitch Guiding lets you experience hassle-free ascents of an appropriate chosen day-long route, thereby allowing you (and your partner too!) to focus on the pure sensations of approaching, climbing and descending a multi-pitch route with problem-free security.

Perhaps you and your partner feel ready to climb one of the great multi-pitch routes on Kalymnos or Telendos, yet there is a little bit of nagging uncertainty ... with *Supervised Multi-Pitch Training Tours*, every step is checked and if needed corrected to allow absolute security and safety. This is a way to climb a multi-pitch route with oversight and the benefit of assistance when and if needed.

Course Dates & Schedule

These courses can be arranged & booked at anytime. I have specific course dates posted on the website <u>Schedule & Booking</u> page. Clearly spring and autumn are the ideal months for multi-pitch routes on Kalymnos and Telendos, however, it is possible to climb multi-pitch routes on Kalymnos even in the summer months.

Multi-Pitch Guiding and Multi-Pitch Supervised Training can be booked spontaneously at any time, just send me your requests and we can take the first steps towards an adventurous, memorable experience!

Additional Information

Basic sport climbing equipment and materials are all that is needed for the course. Helmets are also required. If needed, equipment and material can either be rented from one of the local climbing shops on Kalymnos, or will be supplied.

Participants for Multi-Pitch activities should be able to belay other climbers on lead and should have experience climbing on lead. It is ideal to be able to climb at the level of 5c/5.9

I can happily answer any questions or send more information. Use the contact form on the main page, or simply send an email at kalymnosprimalclimb@gmail.com

Schedule & Booking

Just use the contact form on the main page to reserve a spot on a scheduled course. If you do not see a program or date that fits your schedule, contact me about arranging an alternative. Multi-Pitch Guiding or Multi-Pitch Training can be booked at any time as well as for multiple days.